

BIODATA

1. NAME: : **Dr. D. HELEN CHRISTINA**
2. QUALIFICATION : M.Sc., M.Phil., Ph.D., M.Sc., Counseling & Psychotherapy, PG Dip. In Counseling
3. DESIGNATION & DEPARTMENT : Assistant Prof. of Zoology
4. AGE & DATE OF BIRTH : 49 yrs 14.12.1969
5. SEX : Female
6. PERMANENT ADDRESS : 32, John Illam, Justin Diraviam Nagar
Opp. St. Anne's Convent, Ponmeni,
Madurai – 625 016
7. ADDRESS FOR COMMUNICATION : 32, John Illam, Justin Diraviam Nagar
Opp. St. Anne's Convent, Ponmeni,
Madurai – 625 016

8. EDUCATIONAL QUALIFICATION:

S.NO	COURSES	SUBJECT	YEAR OF COMPLETION	INSTITUTION
1.	Bachelors Degree	Zoology	April 1990	Lady Doak College, Madurai Kamaraj University
2.	Masters Degree	Zoology	April 1992	Thiagarajar College, Madurai Kamaraj University
3.	M.Phil	Zoology	May 1993	Thiagarajar College, Madurai Kamaraj University
4.	Ph.D	Zoology	October 2004	Thiagarajar College, Madurai Kamaraj University
5.	PG Diploma	Psychological Counseling	April 2012	Madurai Institute of Social Sciences, Madurai Kamaraj University

6.	Masters Degree	Counseling and Psychotherapy	July 2013	Tamilnadu Open University
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9. Research Work /Experience : 25 years

10. Recognized Research guide : yes/no: No

11. Area of Specialization : Microbiology, Immunology and Toxicology

12. TEACHING EXPERIENCE:

S.NO	DESIGNATION	PLACE	DURATION	NO.OF YEARS
1.	Teaching Assistant in Zoology	Thiagarajar College, Madurai	1994 - 2003	11
2.	Lecturer in Zoology	Lady Doak College, Madurai	2004 - 2006	1.5
3.	Assistant Professor	Sri Meenakshi Govt. Arts College for Women	2007 – till date	12
Total Teaching Experience				24.5

13. ORIENTATION/REFRESHER COURSES/OTHER PROGRAMMES & TRAINING:

S.NO	NAME OF THE COURSE	TOPIC	PLACE	PERIOD
1.	Orientation (Intensive Training) Programme for the newly recruited Government College Teachers	Life Sciences	Madurai Kamaraj University	26-12-2007 to 24-01-2008
2.	UGC sponsored Refresher Course	Life Sciences	Madurai Kamaraj University	18.11.2010 to 8.12.2010
3.	UGC sponsored Refresher Course	Life Sciences	Madurai Kamaraj University	02.11.2016 to 22.11.2016

17. CHAIR PERSON FOR INTERNATIONAL/NATIONAL/STATE CONFERENCES:

S. No	Conference	Title	Place
1.	International	Women Empowerment and Social Sciences	The American College, Madurai. 5 th to 7 th March 2015

18. INVITED TALKS DELIVERED INTERNATIONAL/ NATIONAL / STATE LEVEL CONFERENCES.

S. No	Conference	Title	Place
1	International	Women and Power – Challenges & Opportunities	The American College, Madurai. 6.1.17 & 7.1.17

20. TECHNICAL TALKS DELIVERED:

S. No	Resource Person	Title	Place
1		State level seminar on The role of Red Cross Society in the emerging era of ecological disasters 18.2.2010	Thiagarajar College, Madurai
2		Darwin 200 celebrations 12 & 13 th February, 2010	School of Biotechnology, Madurai Kamaraj University
3		Intensive training program on Graphology 8- 12 th august 2012	Madurai Institute of Social Sciences
4		UGC merged special program on Women and Positive discrimination, 26.9.2012	Thiagarajar College, Madurai
5		Faculty Development Program on Life skill management, 3.2.2013	Kalasalingam University, Srivilliputhur
6		Soft skill training, 26.7.2013	Velammal College of Engg. And Tech
7		Orientation on Women and Socio economic challenges, 3.9.2013	Thiagarajar College, Madurai
8		Orientation program for faculty on Psychoeducation and Student counseling, 12.3.2013	Thiagarajar College, Madurai
9		Talk on Problem solving & Decision Making. 19.09.2014	Sermathai Vasan College for Women, Madurai
10		Talk on Stress Management. 18.09.2014	Mannar Thirumalai Naicker College, Madurai
11		Talk on Mental Health. 08.10.2014	Mangayarkarasi College for Women, Madurai
12		Equal Opportunities Centre – on Life Skills. 17.12.2014	V.V.Vannia-perumal college for Women, Virudhunagar
13		Lecture on Mental Health.	Assefa College of

		22.01.2015	Education, Madurai
14		Lecture on Adolescent Psychology. 21.01.2015	N.M.R. Subburaman College for Women, Madurai
15		Invited Lecture on “Self Awareness” 29.01.2015	Madurai Kamaraj University
16		Talk on “Know your Self”. 12.02.2015	Thiagarajar College, Madurai
17		Lecture on “Psychological basis of Human Behaviour”. 17.02.2015	S. Vellaichamy Nadar College, Madurai
18		Lecture on “Online and Mobile Counseling”. 12.02.2016	Thiagarajar College, Madurai
19		Invited Lecture on “Emotional Intelligence”	Madurai Kamaraj University
20		Invited Lecture on “Stress Management	Madurai Kamaraj University

20. SEMINAR/ SYMPOSIA / WORKSHOP ATTENDED:

S NO	NAME & LEVEL OF THE PROGRAMME	TITLE	PLACE	PERIOD
1	National Seminar	Frontiers in Nanotechnology	Lady Doak College	17 – 18.9.2009
2	State Orientation Program	Darwin 200	TamilNadu Science Forum & SVN College	21.2.2009
3	National training program	Counseling skills for Educators and Functionaries	National Institute of Social Defense and Madurai Institute of Social Sciences	7 – 11.12.2011
4	State level workshop	Psychotherapy	Madurai Institute of Social Sciences	2 -4.3.2012
5	State level workshop	Family counseling	Madurai Institute of Social Sciences	28 & 29.7.2012
6	International Conference	New Horizon, emerging challenges in food mediated immunity	The American college	31.8.16 & 1.9.16
7	State level Seminar	Quality higher education in changing times	The American college	5.9.17
8	International Seminar	Waste Management	Thiagarajar college	3.9.18
9	State level Workshop	Training of Trainers on Police well being	National Institute of Mental Health & Neurosciences, Bengaluru	17.12.18 – 21.12.18

21. SEMINAR/ SYMPOSIA / WORKSHOP CONDUCTED:

S NO	NAME & LEVEL OF THE PROGRAMME	TITLE	PLACE	PERIOD
1	District level Nodal Officer, a Joint venture of Madurai District Administration and National Rural Health Mission, Govt. of India	Training Program for College Teachers on Psycho-educational skills	The American College	11 th – 16 th November 2013
2	District level Nodal Officer, a Joint venture of Madurai District Administration and National Rural Health Mission, Govt. of India	Training Program for College Teachers on Psycho-educational skills	The American College	4 th to 12 th August, 2014
3	District level Nodal Officer, a Joint venture of Madurai District Administration and National Rural Health Mission, Govt. of India	Training Program for College Teachers on Psycho-educational skills	The American College	24 th to 29 th November, 2014

25. OTHER RESPONSIBILITIES HELD IN SERVICE (CURRENT/ PREVIOUS):

S.NO	NAME OF THE SERVICE/COMMITTEE	PLACE	PERIOD
1.	Member of Sports Committee	Sri Meenakshi Govt. Arts College for Women	2008 to 2016
2	Member of College Discipline committee	Sri Meenakshi Govt. Arts College for Women	2011 - 2012
3.	Coordinator of Students Counseling cell	Sri Meenakshi Govt. Arts College for Women	2013 to till date

26. OTHER RESPONSIBILITIES HELD IN OTHER INSTITUTIONS:

S.NO	NAME OF THE SERVICES/COMMITTEE	PLACE	PERIOD
1	Honorary service as Psychological Counselor	Office of the Superintendent of Police, Madurai District	2013 to 2015
2	Honorary Counselor for victims of domestic violence and family dispute	Office of the Superintendent of Police, Madurai district	2013 - 2014
3	Academic Auditor for PG Zoology	Vivekananda college, Thiruvudagam West, Madurai district	2016 - 17
4	Honorary Counselor for	Madurai Central Prison	December 2017

	providing mental health rehabilitation for remand prisoners and convicts		onwards
5	Ethical committee member	M.S. Chellamuthu Trust and Research Foundation	2019

27. AWARDS/MEDALS RECEIVED:

1. Award of Honour, Madurai Rotary West for exemplary service at Madurai Central Prison, 2018 March
2. Veera Mangai Rani Mangammal Award , Madras High Court, Madurai Bench for community service at Madurai central prison, 2019 March

28. MEMBER IN PROFESSIONAL BODIES

1. Member of BoS in Zoology, Lady Doak College, Madurai, 2013 – 2015
2. Member of BoS in Microbiology, Thiagarajar College, Madurai, 2013 – 2015
3. Member of BoS in MLT & Aquaculture, The American College, Madurai, 2013 – 2015
4. Member of BoS in M.Sc., Biotechnology, Thiagarajar College, Madurai 2014 – 16
5. Member of BoS in Food Processing and Preservation, The American College, Madurai 2014 – 15
6. Member of BoS in Zoology, Thiagarajar College, Madurai 2015 -16
7. Member of BoS in Psychology, Thiagarajar College, Madurai 2015 – 16
8. Member of BoS in M. Sc., Zoology, Fatima College, 2016 - 17
9. Member of BoS in Biology, Madurai Kamaraj University, 2017 -18
10. Member of BoS in M.Sc., Biotechnology, Thiagarajar College, Madurai 2017 – 18, 2018 -19

S N O	ACADE MIC YEAR	CONFERENCE		Attende d/ Present ed	Journal		Attende d/ Present ed	Refreshe r/Oreien tation	Proje ct	Res ourc e pers on
		National	Internatio nal		Nation al	Internati onal				
	2007 - 08							1		
	2008- 09	1								
	2009 – 10	1								2
	2010 - 11							1		
	2012 - 13									4
	2013 - 14									1
	2014 - 15		1							8
	2015 - 16									3
	2016 - 17		2					1		
	2017 -18		1							