

Dr.J.B.SHARMILA, Associate Professor & Head - BIO DATA

1	NAME	J.B.SHARMILA
2.	QUALIFICATION	M.Sc., M.Phil., Ph.D.
3.	DESIGNATION & DEPARTMENT	ASSOCIATE PROFESSOR & HEAD DEPT OF HOME SCIENCE
4.	AGE	47 yrs
5.	SEX	FEMALE
6.	PERMANENT ADDRESS	2/1003, Periyar St., Thasildhar Nagar, Madurai 625020
7.	ADDRESS FOR COMUNICATION	SRI MEENAKSHI GOVT. ARTS COLLEGE FOR WOMEN(A), MADURAI-2

**8. EDUCATIONAL QUALIFICATION:**

S. No.	COURSES	SUBJECT	YEAR OF COMPLETION	INSTITUTION
1.	B.Sc.	NUTRITION & DIETETICS	1994	Women's Christian College, Chennai-6.
2.	M.Sc.	FOOD SCIENCE & NUTRITION	1996	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore-43.
3.	M.Phil.	FOOD SCIENCE & NUTRITION	2003	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore-43.
4.	Ph.D.	FOOD SCIENCE & NUTRITION	2019	Gandhigram Rural Institute, Deemed to be University, Dindigul.

9. RESEARCH WORK / EXPERIENCE:

S.No.	TITLE OF RESEARCH WORK	DURATION	REMARKS
1	Survey on Nutritional Status of a selected village community followed by Nutrition Education	2 months (1994)	As part of M.Sc. Curriculum
2	Development & Evaluation of Hypoglycemic tablets from mixed herbs on Non-Insulin Dependent Diabetes Mellitus	6 months (1995-1996)	As part of M.Sc. Curriculum
3	Development & Evaluation of an interactive software on Vitamin A nutrition education for school children (10-12 years)	2 years (2000-2002)	As part of M.Phil. dissertation
4	Impact of Lifestyle modification on the Anthropometric and Biochemical markers of Metabolic Syndrome	2009 – 2011 (2 years)	As part of UGC Minor Project
5	Dietary Reinforcement & Quality of Life of Type-2 Diabetics with Metabolic Syndrome	5 years (2014-2019)	As part of Ph.D. dissertation

10. RECOGNIZED RESEARCH GUIDE: YES (Mother Teresa University, Kodaikanal)

11. AREA OF SPECIALIZATION: HOME SCIENCE - FOOD SCIENCE, NUTRITION & DIETETICS

12. TEACHING EXPERIENCE:

S. NO.	DESIGNATION	PLACE	DURATION	NO. OF YEARS
1.	GUEST LECTURER	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore	15 July 1996 to April '97 25 June 1997 to 06 May 1998	2
2.	LECTURER	Women's Christain College, Chennai	August 1998 to 21 October 1998	3 months
3.	ASSISTANT PROFESSOR	Govt. Arts College for Women, Ramanathapuram	26 October 1998 to 25 October 2004	6
4.	ASSISTANT PROFESSOR	Sri Meenakshi Govt. Arts College for Women (A), Madurai	26.10.2004 to 25.10.2013	9
5.	ASSOCIATE PROFESSOR	Sri Meenakshi Govt. Arts College for Women (A), Madurai	October 2013, till date	6
Total Teaching Experience				23 years

13. ORIENTATION / REFRESHER COURSES / WORKSHOPS/ OTHER TRAINING PROGRAMMES:

S.No.	NAME OF COURSE	TOPIC	PLACE	PERIOD
1.	Orientation Course	Orientation Course	Academic Staff College. Pondicherry University	01.03.2001 to 8.03.2001
2.	Refresher Course	Home Science	Dept. of Food Service Management, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.	01.9.2003 to 28.09.2003
3.	Refresher Course	Environmental Studies	Academic Staff College, Madurai Kamaraj University, Madurai	13.11.2007 to 3.12.2007
4.	Refresher Course	Recent trends in Quality Assurance & Management in Food & Dairy Industries	Dept. of Agriculture & Animal Husbandry, Gandhigram Rural University, Dindigul	03.11.2008 to 23.11.2008
5.	National Workshop	Teaching, Learning & Evaluation Online with MOODLE MOOC Platform & Open Education Resources'	School of Education, Gandhigram Rural Institute- Deemed to be University, Dindigul	04.02.2019 to 06.02.2019

14. PUBLICATIONS IN PROCEEDINGS/ISBN/STATE/ NATIONAL /INTERNATIONAL JOURNALS:

S.No.	DATE	TITLE	PUBLICATIONS	PUBLISHER	ISBN / ISSN
1	Dec 1996	Development & Evaluation of Hypo glycemic tablets from selected herbs	UGC Approved National Journal	Indian Journal of Nutrition & Dietetics	Vol 33:208- 215.
2	15.12.2006	Prevalence of Diabetes, IFG & Abnormal lipid profile among sample population	State level Seminar on "Dietary Management in NCDs"	Bharath College of Science & Management, Thanjavur	Abstract in Proceedings
3	20.3.2014	Impact of lifestyle modifications on Anthropometric & Biochemical markers of metabolic syndrome	Edited chapter of the National Seminar	GCW, Trivandrum	ISBN 978-81-928- 506-03
4	17.10.2014	Assessment of Health Related QOL in T2DM	International Seminar 'Diet & Diabetes'	Sarah Tucker College, Tirunelveli	Abstract in Proceedings
5	11.12.2014	'Exploration of Relationship between Type-2 Diabetes & Food Insecurity in Madurai'	Edited chapter of the International Conference-Vol II	Fatima College, Madurai	ISBN 978-81-926- 370-2-0
6	19.11.2015	'Prevalence & Association of factors affecting Metabolic syndrome in Type2Diabetics'	Proceedings of the 48th Annual National Conference	Indian Dietetic Association, Bengaluru	Abstract in Proceedings
7	21.1.2016	Feeding & nutritional challenges in children with disabilities	Edited chapter of the National Seminar	Gandhigram Rural Institute, Gandhigram	ISBN 9789- 385-777-127
8	7.6.2016	Dietary behaviour & barriers to dietary compliance in T2DM	Proceedings of the First International Conference	IDA Kilakarai Chapter & TBAK College, Kilakarai.	Abstract in Proceedings
9	19.09.2016	Turmeric the wellness spice	Proceedings of the National Seminar	HSCRI, TNAU, Madurai	Abstract in Proceedings
10	28.1.2017	Freshly pressed virgin coconut oil- an indigenous technology	Proceedings of the National Seminar	Arul Anandar College, Madurai	Abstract in Proceedings
11	23.02.2017	TQM in higher education – a time for Introspection	Edited chapter of the UGC Sponsored National Level Seminar	Dept. of Business Administration, SMGCW, Mdu.	ISBN 978- 81- 933-16-8-2
12	7.1.2017	Coconut the miracle ingredient Kefir , a cocktail of gut-friendly microbiota	Proceedings of the State Seminar	SMGACW, Madurai	Abstract in Proceedings
13	8.02.2017	Index of central obesity – a simple marker for metabolic syndrome	Edited chapter of the National Seminar	S.S.R.Naidu Memorial College, Sattur.	ISBN 819333162-1 p180-183.

14	4.1.2018	Does self-perceived dietary adherence relate to QOL in T2DM?	Proceedings of the International Conference	Periyar University, Salem	Abstract in Proceedings
15	10.1.2018	Gastro-intestinal tract microbiota –the other genome	Proceedings of the International workshop	MS University, Tirunelveli	Abstract in Proceedings
16	May 2018	Prevalence Of Metabolic Syndrome & its Association With Lifestyle Factors In T2D in Southern Tamilnadu	UGC approved International Journal	International Journal of Health Sciences & Research	8(5): p277-286. ISSN 2249-9571
17	December 2018	Gender differences in Quality of Life in Type-2 Diabetics with Metabolic Syndrome	UGC approved International Journal SCOPUS	Indian Journal of Public Health Research & Development	9(12):255-260. ISSN-0976-0245
18	03.10.2019	Development of value-added fibre millet bread incorporated with flax seed & sunflower seed	International Conference on Scientific & Social Approaches to mental wellbeing	V.V.Vanniaperumal College for Women, Virudhunagar	Abstract in Proceedings
19	11.12.2019	Mobile app for self-monitoring in weight management	National Conference on Prevention & Management of Non-Communicable Diseases	Dr.Ambedkar Govt Arts College, Chennai	Abstract in Proceedings
20	11.12.2019	Super foods for thyroid health in women			Abstract in Proceedings
21	11.12.2019	Indigenous food based energy bar for sports girls			Abstract in Proceedings

15. INVITED TALKS / RESOURCE PERSON:

S.No.	DATE	CATEGORY	TITLE OF ACADEMIC EVENT	PLACE
1	9.3.2011	Institutional	Resource Person in the topic “Nutritional management in AIDS” at the seminar on “Diseases prevention and health promotion	Sourashtra College for Women, Madurai
2	23.2.2013	Institutional	Guest speaker on “Food Security & to inaugurate “Home Fest 13”	Dept. of Home science, Gandhigram Rural University.
3	4.9.2014	Institutional	Guest Speaker- Nutrition week- “Nutrition for Health & Fitness”	Arul Anandar College, Madurai
4	16.9.2014	Institutional	Guest Speaker: ToT: Nut week	Food & Nut Board, Madurai
5	25.9.2014	State	Resource Person in State Level seminar on ‘Potential uses of Natural Resources in Preventing Diseases’. “NCDS & Interventional Strategies”.	Dept of N& D Sri. S. Ramasamy Naidu Memorial College, Sattur
6	28.2.2015	State	Resource person/ Expert Panel member ‘Annual Conference on Clinical Nutrition’	Alpha Hospital & Research center, Madurai
7	19.3.2016	State	Resource person in Second Annual Symposium on Clinical Nutrition	Alpha Hospital & Research Centre, Madurai
8	18.2.2017	State	Resource person in Third Annual Conference on Clinical Nutrition	
9	06.9.2017	Institutional	Guest Lecture on “Eat Local Think Global – a Food Security Perspective”	Arul Anandar College, Madurai
10	07.9.2017	Institutional	Guest Lecture for “Nutrition Week Celebration”	American College, Madurai
11	08.8.2017	Institutional	Guest Lecture on “Easy ways of Planning Diet”	VVV College
12	08.11.2017	Institutional	Guest Lecture on “Medical Nutrition Therapy in Diabetes”	Home Science and Research Institute, TNAU, Madurai
13	20.9.2017	Institutional	Guest Lecture on “Smart Infant Feeding Practices”	Meenakshi Mission Hospital & Research Centre, Madurai.
14	12.8.2017	State	Resource person on “Smart Nutrition Goals for Healthy Living”	Meenakshi Hospital, Tanjore & IDA, Kilakarai

15	12.9.2017	Institutional	Guest Lecture on "Decoding Food Labels"	American College, Madurai
16	28.2.2018	Institutional	Guest Lecture on "Ten Steps to Planning Diet"	TBAK College, Kilakarai.
17	09.2.2019	Institutional	Guest Lecture on "Diet Counseling for Diabetes"	Madurai Institute of Diabetes & Endocrinology, Madurai
18	03.9.2019	Institutional	Guest Lecture on "All about Food Science"	American College, Madurai
19	17.12.2019	INTERNATIONAL	Resource person for International Symposium "Five Steps to become a Registered Dietitian"	Alpha Hospital & Research Centre, Madurai

16. REVIEWER FOR INTERNATIONAL/NATIONAL/STATE LEVEL CONFERENCES/PUBLICATIONS:

S.NO.	CONFERENCE	TITLE OF THE PUBLICATION	PLACE
1.	Editorial Committee National Seminar - Jan 2018	Nutritional Management in Metabolic Syndrome	Sri. S. Ramasamy Naidu Memorial College, Sattur
2.	Reviewer, Science Alert March 2019	Food Research Journal	Science Alert

17. EDITED CHAPTERS/BOOKS/ISBN ARTICLES PUBLISHED:

S.No.	TITLE	PUBLISHER NAME	ISBN/ YEAR
1.	Impact of lifestyle modifications on Anthropometric & Biochemical markers of metabolic syndrome	National Seminar on 'Emerging Trends In Family & Community Science' Government Arts College for Women, Trivandrum	ISBN 97881928506-03 20.3.2014
2.	Exploration of Relationship between Type-2 Diabetes & Food Insecurity in Madurai	International Conference on 'Solutions to Ecological Challenges'-Multi dimensional perspectives' Vol-II; Fatima College, Madurai	ISBN 978-81-926-370-2-0 11.12.2014
3.	Feeding & nutritional challenges in children with disabilities	National Seminar on 'Inclusion of children with Disabilities-challenges & concerns'- Gandhigram Rural Institute- Deemed to be University, Dindigul	ISBN 9789-385-777-127 21.1.2016
4.	மாற்றங்கள் வந்தாலும் மாறாத மதுரையின் சுவை!	இரு நாள் பன்னாட்டுக் கருத்தரங்கம் - ஸ்ரீ மீனாட்சி அரசினர் மகளிர் கலைக் கல்லூரி (தன்னாட்சி), மதுரை-2	ISBN 817735850-2 p. 837-841 25.2.16-26.2.2016
5.	ICO – A simple marker for Metabolic Syndrome	Edited Chapter in the proceedings of National Seminar on "Nutritional Management in Metabolic Syndrome", Sri S. Ramaswamy Naidu Memorial College, Sattur.	ISBN 819333162-1 08.02.2017; p180-183.
6.	TQM in higher education – a time for Introspection	UGC Sponsored National Level Seminar on "Total Quality Management in Higher Education"	ISBN 978-81-933-16-8-2 23.02.2017

18. SEMINAR / SYMPOSIA / WORKSHOP ATTENDED:

S.No	DATE	PARTICIPATION DETAILS	VENUE
1	4.11.1995 5.11.1995	XXVIII Annual Conference of the Nutrition Society of India	SNDT Women's University, Bombay
2	20.11.1996	CME programme on 'Diet & Diabetes'	NIN & Indian Dietetic Association, Hyderabad
3	21,22.11.1996	XXIX Annual Conference of Nutrition Society of India Oral Presentation	National Institute of Nutrition, Hyderabad
4	3&4.3.1999	Second Regional Workshop on "Diet & Health"	Women's Christian College, Chennai
5	28.03.1999	State Level Workshop on "University Examination Reforms"	Organised by MUCEA & TACTA, Madurai
6	24.11.1999	Nutrition Network Workshop on "How to improve the dietary intake of 0-2 year old children".	Avinashilingam University, Coimbatore

7	25,26.11.1999	XXXII Annual Meetings of Nutrition Society of India	Avinashilingam University, Coimbatore
8	12.03.2000	'Siyam 2000' Rotaract Zonal Conference	Rotaract Club of Ramnad, Ramnathapuram
9	15.09.2003	Symposium on "Sensitizing Home Makers/ Dietitians/Food Service Managers on desirable features of edible oil for Health Promotion"	Indian Dietetic Association, Coimbatore Chapter & Avinashilingam University, Coimbatore
10	04.07.2005 to 08.07.2005	One week training in FRUIT & VEGETABLES PRESERVATION & NUTRITION	Community Food & Nutrition Extension Unit & SMGAC, Madurai
11	28.12.2005 - 30.12.2005	National Seminar on "Better Packaging For Better Foods" Poster Presentation	Home Science College & Research Institute, TNAU, Madurai
12	27.02.2006 28.02.2006	National Seminar on "New Horizons in processing of Value added convenience food" Oral Presentation	V.V.Vanniaperumal College for Women, Virudhunagar
13	18.08.2006 19.08.2006	National Seminar on Integrated approach to NCD Prevention	Women's Christian College, Chennai
14	15.12.2006	State level Seminar on "Dietary Management in NCDs" Oral Presentation	Bharath College of Science & Management, Thanjavur
15	30.01.2009	TANSICHE sponsored state level seminar on "India's Health Double Burden of Diseases Scenario & Impact of Human Development Index"	Seethalakshmi Ramaswami College, Trichy.
16	21.08.2009	Regional seminar on "Gearing Home science curriculum towards better career prospects"	Avinashilingam University for Women, Coimbatore
17	08.02.2013	State level Seminar on 'Eco Conservation of Biodiversity for Sustainable Development'	Dept. of Botany, Sri Meenakshi Govt. Arts College for Women (A), Madurai
18	9.12.2013	National Seminar on 'Therapeutics of Marine Bio Active Compounds'	Dept. of Home science Gandhigram Rural Institute
19	30.1.2014 & 31.1.2014	National Seminar on 'Nutraceutical & Therapeutic value of Traditional foods'	Research centre in Botany & Microbiology LDC, Madurai
20	13.03.2014 & 14.03.2014	Participated in National workshop "Emerging Technology in Processing in value Addition of Millets for better Utilisation"	Home Science College & Research Institute, TNAU, Madurai
21	17.10.2014	International Conference on 'Assessment of Quality of life among Diabetics' 'Diet & Diabetes'	Sarah Tucker College Palayamkottai, Thirunelveli
22	11.12.2014- 13.12.2014	International conference on 'Solutions to Ecological Challenges'-Multi dimensional perspectives' Poster Presentation	Fatima College, Madurai-18.
23	03.02.2015 04.02.2015	UGC Sponsored National Level Workshop on Quantitative Data Analysis	Dept. of Business Administration, SMGACW, Mdu.
24	26.02.2015	UGC Sponsored Seminar on "Quality Enhancement in Higher Educational Institutes"	IQAC, Sri Meenakshi Govt. Arts College for Women (A), Madurai-2
25	19 - 21.11.15	48th Annual National Conference of IDA Poster Presentation	Indian Dietetic Association, Bengaluru Chapter, Hotel Lalit Ashok, Bangalore
26	21.01.2016 22.01.2016	National seminar on 'Inclusion of children with Disabilities- Challenges & Concerns'	The Gandhigram Rural Institute – Deemed University, Gandhigram.
27	25.2.2016 26.02.2016	"இலக்கிய பதிவுகளில் மதுரை" இரு நாள் பன்னாட்டுக் கருத்தரங்கம்	ஸ்ரீ மீனாட்சி அரசினர் மகளிர் கலைக் கல்லூரி (த), மதுரை-2
28	06.06.2016	Preconference workshop on "Optimal Nutrition Support for Health & Wellness"	Indian Dietetic Association, Kilakarai Chapter & TBAK College at Hotel Fortune Pandiyan, Madurai
29	07.06.2016 08.06.2016	1 st International Conference on food, Nutrition and Health (ICFNH-2016)"	
30	19.09.2016	National seminar on "Functional Foods to Achieve Nutrition and Health Security"	Home Science College and Research Institute, Madurai
31	28.1.2017	National Seminar on "Hurdles to Horizon – Emerging Trends in Food Technology"	Arul Anandar College (Autonomous), Madurai.
32	08.02.2017	National Seminar on Nutritional Management in Metabolic Syndrome. Poster Presentation	Sri. S. Ramasamy Naidu Memorial College, Sattur.

33	23.02.2017 24.02.2017	UGC Sponsored National Level Seminar on “Total Quality Management in Higher Education”	Dept. of Business Administration, SMGACW (A), Madurai-2
34	27.02.2017 28.02.2017 01.03.2017	National Workshop on “Agricultural Extension & Nutrition Linkages: Towards Nutrition Security & Better Health”	HSRI, TNAU, Mdu& National Institute of Agricultural Extension Management, Hyderabad
35	04.01.2018 05.01.2018	2 nd International Conference on “Innovative Food & Nutrition Technologies for Public Health Care”	Periyar University, Salem
36	10.01.2018	International Workshop on “Recent Trends in Food Bio-technology & Exploration of the Opportunities to feed the world”	Manonmaniam Sundaranar University, Tirunelveli
37	11.11.2018- 13.11.2018	2 nd International NIN centenary Conference on “Aligning food systems for healthy diet and improved nutrition” Poster Presentation	ICMR National Institute of Nutrition, Hyderabad
38	03.10.2019	International Conference on Scientific & Social Approaches to mental wellbeing” Poster Presentation	V.V.Vanniaperumal College for Women, Virudhunagar
39	11.12.2019	National Conference on Prevention & Management of Non-Communicable Diseases Oral Presentation	Dr.Ambedkar Govt Arts College, Chennai
40	17.12.2019	International Symposium on Dietary Trends	IDA & Alpha Hospital & Research Centre, Madurai.

19. SEMINAR / SYMPOSIA / WORKSHOP CONDUCTED:

S. No.	NAME & LEVEL OF PROGRAMME	TITLE	PLACE	PERIOD
1	UGC Sponsored Regional Workshop	“Rediscovering the Magic of Millets”	Sri Meenakshi Govt. Arts College/W(A), Madurai	31.01.2013
2	UGC Sponsored National Seminar	“Prebiotics and Probiotics in Promoting Human Health”	Sri Meenakshi Govt. Arts College/W(A), Madurai	06.02.2015
3	UGC Sponsored State Level Seminar	“Therapeutic Potential of Low Carb High Fat Diet - An Overview”	Sri Meenakshi Govt. Arts College/W(A), Madurai	07.01.2017
4	Bi-Annual Club Meetings	Wellness Club	Alpha Hospital & Research Centre, Madurai.	2016-2018
5	International Symposium	International Symposium on Dietary Trends	IDA & Alpha Hospital & Research Centre, Madurai.	17.12.2019

20. GUIDANCE FOR M. Phil:

S.No.	NAME OF THE STUDENT	M. Phil.	UNIVERSITY	YEAR
1	R.Jeyadeepa	Formulation of instant food mixes incorporated with selected greens powder and evaluation of its shelf life	Mother Teresa University, Kodaikanal	2005-2006
2	A.Sathyabama	Consumption pattern of convenience foods in Madurai	”	2006-2007
3	P.R.Padmavathi	Study on estimated prevalence of childhood obesity among selected age group of school children at Arupukottai, Virudhunagar district	”	2006-2007
4	R.Jenny	Prevalence of obesity and nutrition education on food behaviour among selected school going children (10-12yrs) in Madurai	”	2007-2008
5	M.S.Anitha	Formulation and Standardisation of iron and vitamin C enriched cream biscuits	”	2007-2008
6	B.Padmakarthiga	Prevalence of Metabolic Syndrome in selected population in Madurai district	”	2008-2009
7	S.Padmapriya	Study on Incorporation of seaweeds in common recipes and creating awareness about seaweeds among college students	”	2008-2009
8	T.Logapriya	Assessment of nutritional status of women seaweed divers at Mandapam camp, Ramanathapuram district	”	2009-2010
9	S.Meenakshi	A Comparative study on the nutritional profile of residential and non-residential adolescents in Madurai city	”	2010-2011

21. OTHER RESPONSIBILITIES HELD IN SERVICE (CURRENT / PREVIOUS):

S. No.	NAME OF THE COMMITTEE	PLACE	PERIOD	POSITION
1.	Curriculum Development Committee	SMGCW	2005 onwards till date	Member
2.	Net Committee	SMGCW	2006 -2011 2011 – 2014	Member Co-ordinator
3.	End Semester Examinations	SMGCW	November 2010	Valuation Co-ordinator
4.	Dept. of Home Science	SMGCW	2012 onwards	Head of the Department
5.	Academic Council	SMGCW	2012 – 2013 onwards	Member
6.	Award Committee	SMGCW	2012 – 2013 onwards	Member
7.	NAAC Steering Committee	SMGCW	2013–2014	Member
8.	End Semester Examinations	SMGCW	November 2014	Chief Superintendent
9.	Press Committee – Golden Jubilee Celebrations	SMGCW	January to April 2015	Member
10.	Examinations Grievance Committee	SMGCW	2018 onwards	Member
11.	Internal Academic Audit Committee	SMGCW	2019	Member

22. OTHER RESPONSIBILITIES HELD IN OTHER INSTITUTIONS:

S.No.	POSITION	INSTITUTION / BODY	UNIVERSITY / BOARD	PERIOD
1	Member	BOS Home Science UG & PG	Madurai Kamaraj University	5.2.2004 to 20.1.2007 2017-2019
2	Member	BOS Home Science UG & PG	Alagappa University, Karaikudi	1.9.2003 - 31.8.2006 13.12.2008- 31.12.2011 Jan 2017-Dec 2019
3	Member	BOS Home Science UG	Sri. S. Ramasamy Naidu Memorial College, Sattur	Jan 2017 - Dec2019
4	Member	BOS Home Science UG & PG	Thassim Beevi Abdul Kader College For Women, Kilakarai	2018-2020
5	Member	BOS Home Science UG	Arul Anandar College, Karumathur, Madurai	Jan 2017 – Dec 2019
6	Examiner	Central Valuation Home Science UG Board	Bharathidasan University, Trichy.	2004-2005
7	Life Member & Secretary	Indian Dietetic Association	Kilakarai Chapter	2015 onwards
8	Advisor	M. Phil. Research (Part time) in Home Science	Distance Education Mother Teresa Women's University, Kodaikanal	2004-2009
9	Secretary	Nutrition Club	Meenakshi Mission Hospital & Research Centre, Madurai	15.08.2006- April 2007
10	Secretary	Wellness Club	Alpha Hospital & Research Centre, Madurai	2016 July onwards till date
11	External Expert	Curriculum Development Cell	Thassim Beevi Abdul Kader College For Women, Kilakarai	19.07.2017
12	Secretary	Indian Dietetic Association	Kilakarai Chapter	Dec 2018 onwards
13	Member	Editorial Committee	National Seminar on “Nutritional Management in Metabolic Syndrome” SRNM College, Sattur	Jan 2018
14	Panel Member	Selection Committee for Appointment of Assistant Professor	V.V.Vanniaperumal College for Women (Autonomous), Virudhunagar-1.	15.02.2019
15	Reviewer	Food Research Journal	Science Alert	March 2019
16	Subject Expert	Academic Council	TBAK College for Women, Kilakarai	18.06.2019

23. AWARDS / MEDALS RECEIVED: NIL

24. MEMBERSHIP IN PROFESSIONAL BODIES:

S.No.	NAME OF THE SERVICE/COMMITTEE	PLACE	PERIOD	POSITION
1.	Indian Dietetic Association	Kilakarai Chapter	1998 onwards 2018 onwards	Life Member & Secretary
2.	Indian Science Congress	National	2019 onwards	Life Member
3.	Home Science Association of India	National	2019 onwards	Life Member

25. RESEARCH PROJECTS:

S.No.	TYPE OF PROJECT	TITLE OF THE PROJECT	POSITION	FUNDING AGENCY	AMOUNT (Rs)	PERIOD
1.	Minor Research	Impact of Life Style Modification on the Anthropometric & Biochemical markers of Metabolic Syndrome	Principal Investigator	UGC	1,53,000/-	2009 – 2012
2.	Basic Scientific Research (student)	Dietary Behaviour of adolescent college going girls in Madurai.	Research Supervisor	UGC	7,000/-	2009-2010
3.	Basic Scientific Research (Student)	Nutritional Assessment of adolescent college going girls in Madurai.	Research Supervisor	UGC	7,000/-	2009-2010
